

# CHILD & FAMILY OUTREACH NEWS

September 2019

## BACK TO SCHOOL!

We are so excited to say that summer camps were a huge success! 42 weekly campers and 10 Streets to Peaks campers headed to Camp Grier and 58 scholars spent six weeks at the church for BellXcel summer camp. Every class at BellXcel showed growth in both literacy and math after six weeks with our amazing teachers, so they are headed to school ready for success!

Westerly Hills Academy students return on August 26<sup>th</sup>, and there are so many ways to support them!

- Heart Math Tutoring has demonstrated success year after year, with 98% of students achieving desired growth and 99% of tutors rating the program experience positively. Tutor once per week for 30 minutes or an hour, Tuesday – Friday at 8:15 or an afternoon time tbd. Sign up is included at right. You may get more information about the program at <https://hearttutoring.org/>.
- HELPS literacy tutoring achieved pretty remarkable results in its first year. Students who received the recommended number of sessions were able to close 75% of their gap to grade level performance! Tutors come once per week, Monday through Friday at 10:00 for either an hour or 75 minutes. If you can't come every week, you can sign up with a friend and share the load! Sign up is included at right and you may get more information at <https://readcharlotte.org/helps/>.
- Provide weekend food for struggling families through our Project Backpack ministry. Volunteers provide 5 bags of food per month from September – June. Additional details (including the shopping list) is included in sign up, at right.
- Come make Westerly Hills beautiful on Saturday, September 28<sup>th</sup> from 9-1! School and community volunteers will do projects such as painting and gardening. Contact [Heather Herring](#) if you are interested.
- Mentor a student through Communities in Schools or assist a teacher in a classroom – contact [Heather Herring](#) if you are interested.

## UPCOMING EVENTS & SIGNUPS

9/22 – Resilience  
documentary showing  
(5-7)

9/28 – Community  
Cleanup Day at WHA  
(9-1)

Sign up for:

[HELPS](#)

[Heart](#)

[Project Backpack](#)



## PW APPLE TREE

Support Westerly Hills Academy teachers and staff by contributing Presbyterian Women's annual Apple Tree! You may either select and apple and bring your donation to the church by September 19<sup>th</sup> or [contribute online](#). The apple tree is out on Sunday mornings and in the historic lobby during the week.



## CONNECT WITH REALM

Make sure you create an account in Realm, so that you will get any Child and Family-related news we distribute! You can get information and links to create an account [here](#).

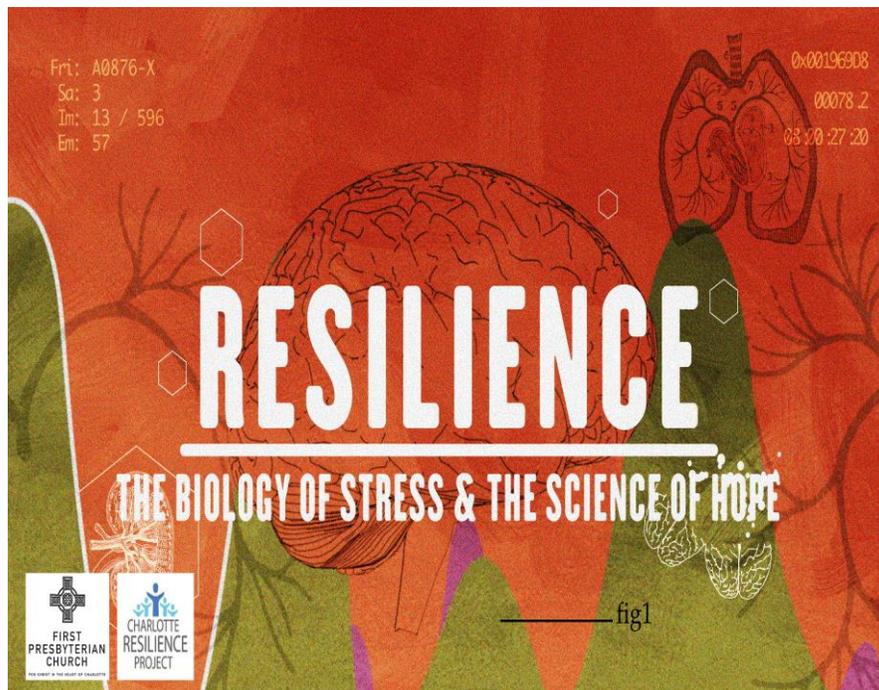


## RESILIENCE SHOWING

On Sunday, September 22<sup>nd</sup>, FPC will be hosting a free showing of the documentary Resilience from 5 – 7. This important film shows the impact of trauma on the body, as well as the hopeful message that community and support can reverse its impact.

This film is incredibly powerful and its message is relevant to all – as we think about our own lives and social circles, as well as those in our city that we serve. Please make every effort to attend!

Light dinner will be served and Justin Perry will be leading a small group discussion about how a trauma-informed approach impacts our outreach work. Registration and additional information may be found on the [church website](#).



**Thank you to our amazing summer camp volunteers who helped at BellXcel and served as camp parents for Camp Grier! We had more than 50 individuals volunteer this year!**